

Day Nursery CACFP (Food Program)

April 2014

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Thank You Sylvia



We are both excited and sad to announce that Sylvia Harris has taken another position within Day Nursery and will no longer be working on the Day Nursery CACFP. She has been a valuable member of the CACFP team and we will miss her greatly.

Until the details of a new position are determined please work closely with your monitor to make sure they know when you are closed, changes in your schedule or anything else you may need.

We wish you great success in your new position Sylvia!

CACFP Staff and Extensions:

Marsha Hearn-Lindsey
Director of Operations 226
MarshaL@daynursery.org

Mindy Bennett
Director of Programs 224
mindyb@childcareanswers.com

Molly Manley,
CACFP Coordinator 228
mollym@childcareanswers.com

Emily Barrow,
CACFP Monitor/recruiter 249
emilyb@daynursery.org

Sylvia Harris,
Administrative Assistant 238
sylviah@childcareanswers.com

Phone: 317-636-5727
Fax 317-687-6248
Website:

www.childcareanswers.com

Office Hours:
Monday-Friday
8am-5pm



Happy Birthday !!!

- Alice Cash 4/26
- Theodora Everett 4/12
- Shelly Hall 4/14
- Jane Iles 4/24
- Kim Masters 4/1
- Vicki McKinnon 4/27
- Anna Renfro 4/20
- Beverly Sanders 4/25
- Linda Whitfield 4/6



Congratulations!

You've been with us awhile!

- Joelyolanda Anderson-5 yrs-4/28
- Laverne Coleman-14 yrs-4/1
- Sandra Crenshaw-4 yrs-4/1
- Tanya Dullen-3 yrs-4/1
- Marie Gibson-9 yrs-4/4
- Karen Graves-1 yr-4/24
- Kim Hatter-6 yrs-4/7
- Juanita Hiser-24 yrs-4/1
- Trina Jones-7 yrs-4/2
- Deanna Nokes-7 yrs-4/9
- Beverly Sanders-7 yrs-4/9
- Kimberly Shultz-6 yrs-4/7



RECIPE CORNER

Change your snack up with a smoothie

Strawberry Pineapple Smoothie

Ingredients:

- ◆ 16 ounces low fat vanilla yogurt
- ◆ 2 large bananas
- ◆ 3 cups frozen pineapple
- ◆ 3 cups frozen strawberries
- ◆ 1/2 cup milk

Directions:

Combine all ingredients in a blender or food processor. Process until thick and smooth. Add ice to thicken, if desired, or milk to thin. Serve immediately.

Yields— 6 small smoothies



Smoothie 101

Blended fruit beverages or smoothies are a better offering than just fruit juice because they contain all the fiber of the fruit with the added nutritional benefit of yogurt. Smoothies are easy to make— can contain as few as three ingredients— yogurt, fruit and milk.

Ingredient Tips

Stockpile chunks of peeled overripe bananas in the freezer to add to smoothies.

Bananas can be added to any smoothie for additional, sweetness and velvety texture.

Add fresh fruit to canned or frozen fruit smoothies. Add dried fruit “as is” or plump in water or juice overnight before blending.

Substitute frozen sweet potato cubes for 1/4 of the fruit for added color and nutrition.

Pair low acid fruits like blueberries with higher acid fruits like strawberries for a bigger flavor impact.

Freeze chunks of melon to make a smoothie.

Add spinach or kale for a fun color and a big nutritional boost.

Congratulations to the Error Free Claimers for the Month of February!!!!

Ralph Armstrong
 Edwina Berry
 Stephanie Berry
 Mary Bowen
 Danielle Buckner
 Annabel Cooper
 Sandra Crenshaw
 Cierra Cross
 Victoria Davis
 Janet Dice
 LaToya Dixon
 Theodora Everett
 Swanzetta Fowler
 Juanita Garnett
 Lisa Gassensmith
 Akira German
 Krista Gill
 Beverly Givens
 Linda Godwin
 Katherine Guerra
 Jane Hale
 Shelly Hall
 Casey Hampton
 Kim Hatter
 Kristin Hines

Michelle Hochesang
 Theresa Horton
 Jane Iles
 Faye Johnson
 Monica Jones
 Shannon Jones
 Tamica Kilbert
 Doris McBride
 Vicki McKinnon
 Valerie Means
 Lynda Morgan
 Deanna Nokes
 Regina Outlaw
 Liz Petty
 Vivian Pfoutz
 Cassy Pickett
 Peggy Reeves
 Anna Renfro
 Nancy Rice
 Shuntel Robinson
 Julie Schultz
 Kimberly Shultz
 Tina Shumpert
 Megan Skidmore
 Deborah Stewart

Beverly Summers
 Evelyne Thimothus
 Melanie Webber
 Sarah Weesner
 Linda Whitfield



February Claim Vital Statistics

Total Number of Claims:
 125
Total Number of children served:
 1,899
Total Meals Served:
 61,016

Breakfast: 15,069
AM Snack: 5,798
Lunch: 17,294
PM Snack: 18,892
Supper: 3,039
Eve. Snack: 924

First Time Claimers:
 Lisa Gassensmith
 Beverly Owens





615 N. Alabama St
Suite 300
Indianapolis, Indiana 46204

DAY NURSERY

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"Where Healthy Eating Becomes a Habit"

Reminders:

- ◆ *Your claim and all enrollment forms are due by the 5th of the month.*
- ◆ *Please email or call your monitor when you will not be at your site for a meal.*
- ◆ *Your training for the 2013-2014 contract year are due on July 31st. Contract years begin October 1st and end September 30th. You must complete 6 hours of training every contract year.*
- ◆ *We have an upcoming Fact to Face training Monday, March 31st from 6pm-8pm. The training will cover the new crediting foods handbook. Contact your monitor to register.*
- ◆ *All other trainings are available online at www.daynurserycacfp.weebly.com*

