

CREDITABLE and NON-CREDITABLE INFANT FOODS

Creditable	Non-Creditable
Fruits/Vegetables	
Strained fruit—1 st ingredient fruit	Strained fruit with Tapioca
Strained vegetables—1 st ingredient vegetable	Vegetables in a combination meal
100% Juice with Vitamin C	Juice with Yogurt
Pasteurized 100% Juice	Jarred baby cereal with fruit
	Baby food desserts
	Vegetable juice
Breads/Crackers/Infant Cereal	
White bread	Commercial jarred baby food cereal that is ready to serve
Wheat bread	Iron fortified dry infant cereal containing fruit
Whole wheat bread	Ready-to-eat breakfast cereal (dry, cold)
French bread	Breakfast cereals, cooked
Italian bread	
Biscuits	
Bagels	
English muffin	
Pita bread	
Saltines	
Snack crackers made without nuts, seeds, or pieces of whole grain kernels	
Teething biscuits	
Matzo crackers	
Animal crackers	
Graham crackers made without honey	
Soft corn tortillas	
Soft wheat tortillas	
Zwieback	
Iron fortified dry cereal formulated for infants and mixed with either infant formula or breast milk prior to eating	

Creditable	Non-Creditable
Meat/Meat Alternate	
Strained baby food meats	Combination meat dinners
Egg yolk (8 months)	Meat sticks
Natural cheese (8 months)	Finger sticks (miniature hot dogs)
Cottage cheese (8 months)	Hot dogs
Legumes (dry peas and dry beans, cooked or canned)	Sausage
	Battered or breaded fish
	Battered or breaded seafood products
	Canned fish with bones
	Yogurt
	Nuts and seeds
	Nut and seed butters
	Egg whites
Other Foods	
	Chocolate
	Honey
	Home-canned infant dinners
	Combination dinners
	Desserts
	1%, 2%, skim, whole milk